Alberti Center for Bullying Abuse Prevention



Bullying Prevention Toolkit for Elementary School Educators

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The Alberti Center for Bullying Abuse Prevention will reduce bullying abuse in schools and in the community by contributing knowledge and providing evidence-based tools to effectively change the language, attitudes, and behaviors of educators, parents, students, and society.

Alberti Center for Bullying Abuse Prevention

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Overview of Bullying

Bullying is a form of aggressive behavior characterized by intent to harm, repeated occurrence (or high likelihood of repeated occurrence), and an imbalance of power between the perpetrator and the target.¹ It can take both direct and indirect forms and can occur physically, verbally, through social manipulation or exclusion (relational aggression), or through electronic devices (cyberbullying).¹⁻³ Bullying impacts individuals across gender, age, and race/ethnicity,⁴⁻⁵ although it tends to peak in middle school.⁴ Approximately one in five children and adolescents are involved in bullying.⁶ Bias-based bullying (bullying targeting an individual's actual or perceived membership in a social group or legally protected class, such as race, gender, religion, disability, or sexual orientation) impacts approximately 17% of youth and is associated with more negative outcomes than non-biased bullying.⁻⁻॰

Adoption of empirically-based school-wide programs and a commitment to sustained professional development can increase the probability of reducing bullying in our schools and communities.^{3,9,11} Most successful programs are those that use multi-level interventions. Experts generally provide guidelines for schools to follow as opposed to prescribing a particular program.^{3,9} Although there are variations in these guidelines, some of the common aspects to include are listed in Table 1.

To learn more about bullying, bullying-related behaviors, and specific prevention efforts and programs, please refer to the Alberti Center fact sheets and to the publication entitled *Guide to School-Wide Bullying Prevention Programs* ¹⁰ posted on the Alberti Center website (ed.buffalo.edu/alberti/resources). We also provide links to teaching tools for educators to use in their classrooms and schools on bullying prevention and related efforts (ed.buffalo.edu/alberti/resources/educators/tools).

Table 1: Common Guidelines for Bullying Prevention Efforts within Schools^{3, 9, 11}

- 1. Collect reliable, valid data about the nature and extent of the problem in the school setting.
- 2. Develop and implement an effective whole-school anti-bullying policy.
- 3. Emphasize personal, social, and conflict resolution skill development.
- 4. Increase awareness about bullying and how to prevent it by integrating this within the curriculum.
- 5. Increase supervision or restructure "hot spots" where bullying is most likely to occur.
- 6. Respond to incidents in a clear, fair, and appropriate manner within a continuum that recognizes the continuum of bullying behaviors.
- 7. Reach beyond the school to include parents.



About the Toolkit

Purpose

The *Bullying Prevention Toolkit for Elementary School Educators* is intended to provide educators with resources that support a positive learning environment and supplement comprehensive school-wide efforts to prevent bullying abuse and violence. It was created as a compendium of media that may assist educators in supplementing classroom instruction and to support individual and group counseling. Books and resources can be used to individualize instruction or as motivators prior and/or subsequent to lessons. This is by no means a static or comprehensive list but a resource that will be updated as additional publications and websites become available. The *Toolkit* includes books, videos, multi-media, websites, and podcasts targeted to specific audiences including educators, parents, and students of all academic levels. Three separate documents are available for educators who service elementary, middle, and secondary levels.

Selection of Resources

The selection of resources for the *Toolkit* was based upon free and easily found materials available in schools and public libraries. In order to include a book, website or video in any of the toolkits, the resource needed to (a) be geared toward the population of PreK-12 students; and (b) include content focused mainly on the subjects of bullying prevention, character education, social emotional learning, or social justice. Websites were reviewed with regard to appropriate materials that could be shared in schools. Those websites that were primarily commercial in nature were not included.

We would be happy to accept additional resources and recommendations, which may be directed to the Alberti Center at alberticenter@buffalo.edu.

Legislation and the Use of the Toolkit

In New York State, the *Dignity for All Students Act* (Dignity Act) took effect on July 1, 2012. The intent of this legislation is to "promote civility in public schools and to prevent and prohibit conduct which is inconsistent with a school's education mission." The Dignity Act includes, but is not limited to, acts of discrimination and harassment based on a student's actual or perceived race, color, weight, national origin, ethnic group, religion, religious practice, disability, sexual orientation, gender (defined to include gender identify or expression), or sex. These eleven categories are referred to as protected classes.

As required by this legislation, employee training programs must be provided on an annual basis "to promote a positive school environment that is free from discrimination and harassment; and to discourage and respond to incidents of discrimination and/or harassment on school property or at a school function."¹³ The Dignity Act also dictates that educators must provide student instruction in the areas of civility, citizenship, and character education by documenting and tailoring lesson plans that address the eleven protected classes listed above. Resources found in the toolkit can be adapted for a variety of populations.



Disclaimer

The books, websites, videos and other resources listed and described in this publication are intended as additional tools which educators, parents, care providers, and community-based organizations may find helpful. These resources are designed to teach children and teenagers about bullying, its effects, and the ways that students can work individually and with their families, teachers, counselors, and administrators to prevent and address bullying in a positive and proactive fashion. These tools, when used in combination with a comprehensive curriculum; personal and/or group discussions; and outreach and counseling services, are intended to help potential, current, and past victims of bullying, intimidation, or violence; and to help aid in efforts to decrease bullying behaviors. Selecting and utilizing age and developmentally appropriate resources and content is especially important. Some of the content in the resources found in the toolkit may not be appropriate for every child.

Common Sense Media (commonsensemedia.org) provides guidelines and ratings for specific movies/TV, books, apps, and games for both parents and educators. Further, they provide suggestions for parents and educators on what kinds of content is appropriate for kids based on their age and developmental level. For more information, please visit commonsensemedia.org/about-us/our-mission/about-our-ratings. However, these materials are listed herein for general information only and are not recommended for any specific situation or student. The listing of resources in this publication is not to be used or relied on for any diagnostic or treatment purposes and should not be used as a substitute for professional treatment or intervention. The University at Buffalo, Alberti Center for Bullying Abuse Prevention, the UB Graduate School of Education, and the State University of New York (SUNY) and their officers and employees do not officially endorse specifically any of the resources found within this publication and expressly disclaim responsibility, and shall have no liability, for any damages, loss, injury, or liability whatsoever suffered as a result of relying on the information contained in this publication. For additional information and guidance on creating age-appropriate resources and curricula for students please contact us at: alberticenter@buffalo.edu.

^{**} Lexile levels followed by an asterisk symbol have a generated range and should only be considered as an estimated Lexile range.

Book Titles for Elementary School



Amanda's Big Dream (2015) | By Marissa Moss

amazon.com

Weight bullying is one of the most common forms of bullying faced by kids. Amanda's Big Dream helps parents, teachers and other caregivers discuss this topic with children in an entertaining and positive way. When Amanda's skating coach makes a comment about her weight, Amanda loses confidence in her ability to make her dream come true. Despite reassurances from her parents, her doctor, and her best friend, Amanda decides to quit skating. Will Amanda return to the ice? Or has she given up forever? Come along with Amanda as she realizes the true secret to following her big dream!

Book Type: Fiction

Subjects: Weight bullying, Confidence, Self-esteem, Overcoming Challenges

Reading Level: Interest Level: K-4



Amelia's Bully Survival Guide (2006) | By Marissa Moss

amazon.com/Amelias-Bully

As if science class isn't enough to deal with -- now Amelia has the class bully to face. But Amelia isn't going to let that get her down. Amelia starts fifth grade and it's a disaster. Her friend Leah is in a different class, her teacher loves rules-but the worst is Hilary, who takes every opportunity to insult Amelia.

Book Type: Fiction

Subjects: Bullying

Reading Level: Interest Level: 2-5 / Lexile: 610L-800L **



Ant Bully (2006) | By John Nickle

amazon.com/Ant-Bully

Lucas is picked on by the neighborhood bully, and in turn terrorizes the ant colony. The ants create a potion that shrinks Lucas to the size of an ant. They put him on trial, and find him guilty of crimes against the colony - his sentence? To live and work as an ant! Lucas learns about teamwork and the importance of friendship--and in the end, he saves the colony and is returned to his normal size.

Book Type: Fiction

Subjects: Bullying, Friendship

Reading Level: Interest Level: K-3 / Lexile: 580L



Anyone but Me (2002) | By Nancy Krulik

penguinrandomhouse.com

Third-grader Katie Carew gains insight into the thinking of the class bully when she is magically transformed into a hamster--an animal the bully fears.

Book Type: Fiction

Subjects: Bullying, Character Education

Reading Level: Interest Level: 3-6 / Lexile: 550L



Being Small (2019) | By Lori Orlinsky

amazon.com/Being-Small-Isnt-Bad

Being Small is a picture book about a little girl who is scared to go to school because she's the shortest kid in the class. She talks about all of the reasons that being short is a challenge, but her mother presents to her funny and unique advantages that only she has because of her height, instilling self-confidence in her. This book is a must-read for any child who has ever fallen behind the curve on the growth chart.

Book Type: Fiction

Subjects: Insecurities, Teasing, Self-Confidence

Reading Level: Interest Level: 3-6



Benny and Penny in the Toy Breaker: a Toon Book (2010) | By Geoffrey Hayes

toon-books.com

Benny and Penny hide every toy and tell Cousin Bo he can't play with them. Will the three mice find a way to play without something getting torn, ripped, or snatched away?

Book Type: Fiction

Subjects: Bullying, Family, Sharing

Reading Level: Interest Level: K-3 / Lexile: 220L





Bird Child (2009) | By Nan Forler

amazon.com/Bird-Child

Eliza feels bad for the new girl, Lainey, who is constantly tormented by the other children in the schoolyard, but she feels afraid to act until she talks to her mother and finally finds the courage to stand up to the bullies.

Book Type: Fiction

Subjects: Bullying, Family, Friendship

Reading Level: Interest Level: K-3 / Lexile: 810L- 1000L **



Blubber (2014) | By Judy Blume

amazon.com/Blubber

Jill goes along with the rest of the fifth-grade class in tormenting a classmate and then finds out what it is like when she, too, becomes a target.

Book Type: Fiction

Subjects: Bullying Prevention, Character Education

Reading Level: Interest Level: 3-6 / Lexile: 660L



Blue Cheese Breath and Stinky Feet (2004) | By Catherine DePino

amazon.com/Blue-Cheese-Breath-Stinky-Feet

Steve has to do something about Gus. But what? He doesn't know how to make Gus leave him alone, he's afraid to ask for help, and he's afraid things will get even worse if he tells. When his parents find out anyway, Steve is surprised to feel relieved. When they help him come up with a plan to send Gus on his way, he knows he can do it. The next time Gus tries to bully "Blue Cheese Breath and Stinky Feet," he is in for a big surprise!

Book Type: Fiction

Subjects: Bullying

Reading Level: Interest Level: 3-6 / Lexile: 620L-820L **





Boomer Be Nice (2015) | By Stacy Marie Roberts

amazon.com/Boomer-Nice

One Saturday morning, Boomer Bulldog bullies his friends at the neighborhood playground. When he finds himself sad and alone, he learns a valuable lesson about being nice to others. Follow Boomer and his friends in this story of bullying, the importance of being kind, and the power of forgiveness.

Book Type: Fiction

Subjects: Bullying, Emotions, Forgiveness

Reading Level: Interest Level: PreK-3



Bubbles the Beautiful Butterfly: And the Bully That Chloe Conquers (2018) | By Aria Craig amazon.com

A children's book for girls and boys who struggle with the pressures of bullying and the impact it has on their self-esteem. 10-year old Chloe is a beautiful girl with a very unique smile who lives with her parents and dog, Snuffles. However, her mom and dad are unaware that when Chloe heads off to school she is teased because of her smile and deals with the struggles kids face when bullied. Chloe meets Bubbles the Beautiful Butterfly, who empowers her with tools to build confidence and help conquer the bullying situation.

Book Type: Fiction

Subjects: Bullying, Empowerment, Self-Esteem, Encouragement, Bravery

Reading Level: Interest Level: 1-5



Bullying is a Pain in the Brain (2016) | By Trevor Romain

trevorromain.com

This book is a deceptively simple approach to dealing with a difficult issue faced by millions of children every day. The advice throughout is clear, unequivocal, and helpful. Bullied children are much more likely to pick up Romain's book on their initial foray into self-help, due to the attractive format with cartoon characters and lots of white space on the page.

Book Type: Nonfiction

Subjects: Bullies, Emotions, Feelings

Reading Level: Interest Level: 3-6 / Lexile Level: 760L



Bullies Targets & Witnesses: Helping Children Break the Pain Chain (2004)

By SuEllen Fried and Paul Fried

https://www.amazon.com/Bullies-Targets

The authors delve deep into the causes and dimensions of bullying and develop strategies that work to prevent child-to-child violence and treat its victims.

Book Type: Nonfiction

Subjects: Bullying, Friendship

Reading Level: Interest Level: Adult



A Bully-Free Playground (Bully-Free World) (2012) | By Pamela Hall

amazon.com/Bully-Free-Playground

A Bully-Free Playground follows a group of young characters from Niceville Elementary School, who bully each other on the playground. Young readers will learn about verbal bullying, peer pressure, and physical bullying. They will see four examples of bullying and learn how to stand up for themselves. They will also learn when to report a situation to an adult and other key advice in order to make a Bully-Free Playground!

Book Type: Nonfiction

Subjects: Bullying, Emotions, Feelings

Reading Level: Interest Level: K-3 / Lexile: 520L



Bully on the Bus (2015) | By Kathryn Apel

amazon.com/Bully-Bus

All the emotions seven-year-old Leroy experiences as the bully on the bus taunts and threatens him are perfectly captured in this sensitive and beautifully written verse novel. The heartwarming ending is empowering and offers courage to anyone who's ever felt small.

Book Type: Fiction

Subjects: Bullying

Reading Level: Interest Level: 2-5





Bye-Bye, Big Bad Bullybug! (2007) | By Ed Emberley

amazon.com/Bye-Bye-Big-Bad-Bullybug

Here comes Big Bad Bullybug! He's big, mean, and scary--and loves to pick on little itty bitty bugs! With the turn of each die-cut page, Bullybug grows bigger, meaner, and scarier. It's the itty bitty bugs who get the last laugh in this exciting, new, frighteningly-fun adventure.

Book Type: Fiction

Subjects: Bullying

Reading Level: Interest Level: K-3 / Lexile: 810L *



Calvin Coconut: Trouble Magnet (2009) | By Graham Salisbury and Jacqueline Rogers grahamsalisbury.com/books/#Calvin-Coconut; https://www.amazon.com/Calvin-Coconut
Nine-year-old Calvin catches the attention of the school bully on the day before he starts fourth grade, while at home, the unfriendly, fifteen-year-old daughter of his mother's best friend has taken over his room.

Book Type: Fiction

Subjects: Bullying, Family Life

Reading Level: Interest Level: 3-6 / Lexile: 410



Camp Rules! (2007) | By Nancy Krulik

penguinrandomhouse.com/books

Katie discovers that the magic wind has followed her to summer camp when she suddenly turns into the baby raccoon, her and a new friend have been secretly feeding. She later gets an inside view of her cabin's bully.

Book Type: Fiction

Subjects: Bullying

Reading Level: Interest Level: 3-6 / Lexile: 560 L



Chester Raccoon and the Big Bad Bully (The Kissing Hand Series) (2011)

By Audrey Penn

amazon.com/Chester-Raccoon

Chester Raccoon must deal with a bully at school. After his mother shares a story about helping others, Chester, Ronny, and Cassy discover that the best way to get rid of an enemy is to make him a friend.

Book Type: Fiction

Subjects: Bullying, Conflict Management, Nonviolence

Reading Level: Interest Level: K-3 / Lexile: 810L



Chisom the Champ: Meets the World (2017) | By Irene Okoronkwo-Obika amazon.com/Chisom-Champ

Enter into the life of Chisom, a young Nigerian boy, who gets bullied for his cultural identity. He discovers that his strength is actually found in his family upbringing and in embracing his cultural values. The story of Chisom teaches children across the world that self-love is key to overcoming bullies and other interpersonal obstacles experienced in life's journey.

Book Type: Fiction

Subjects: Bullying, Cultural Identity, Cultural Values, Strength

Reading Level: Interest Level: K-4



Chrissa (2009) | By Mary Casanova

amazon.com/Chrissa-American-Girl

Chrissa Maxwell does not fit in at her new school and fears that the other fourth-grade girls will not like her. Their teasing ends up turning into serious bullying and Chrissa must find the courage to stand up for herself, and speak out against the bullies.

Book Type: Fiction

Subjects: Bullying

Reading Level: Interest Level: 3-6 / Lexile: 710L



Chrissa Stands Strong (2008) | By Mary Casanova

amazon.com/Chrissa-Stands-Strong

Chrissa had a really great summer, but good days soon turn to bad when her and her friends start to get mean text messages. Then there is an accident at the pool that leaves Chrissa wondering if she can put a stop to this bully.

Book Type: Fiction

Subjects: Bullying, Cyberbullying

Reading Level: Interest Level: 3-6 / Lexile Level: 680L



Chrysanthemum (1991) | By Kevin Henkes

harpercollins.com/products/chrysanthemum

Chrysanthemum loves her name, until she starts going to school and the other children make fun of it.

Book Type: Fiction

Subjects: Bullying, Name Calling

Reading Level: Interest Level: K-3 /Lexile: 460L



Confessions of a Former Bully (2012) | By Trudy Ludwig

amazon.com/Confessions-Former-Bully

After Katie gets caught teasing a schoolmate, she's told to meet with Mrs. Petrowski, the school counselor. She is asked to make right what she did wrong and learn to be a better friend. Bothered at first, it doesn't take long before Katie realizes that bullying has hurt not only the people around her, but her, too. Told from the unusual point of view of the bullier rather than the bullied, Confessions of a Former Bully provides kids with real life tools they can use to identify and stop relational aggression.

Book Type: Fiction

Subjects: Bullying, Behavior, Friendship

Reading Level: Interest Level: 3-6 / Lexile: 810L





The Dinosaur's New Shoes (2015) | By James S. Martinez

amazon.com

Winner: 2015 Readers Favorite Award Endorsed by The National Bullying Prevention Center (PACER.org) The Dinosaur's New Shoes is a wonderfully inspiring story about Teddy T-Rex, a young dinosaur that, when he sees someone being bullied, stands up to the bully, instead of just being a bystander. This story helps to teach children how to properly confront bullies and demonstrates how, through empathy, compassion and caring for others, that bullying can be overcome and eliminated. This book also includes resources for kids, parents and educators on anti-bullying, such as how to identify a bully, who may be at risk, and how to properly respond to bullying.

Book Type: Fiction

Subjects: Bullying, Bystanders, Compassion, Empathy, Response

Reading Level: Interest Level: K-7



Diary of a Minecraft Zombie Book 2: Bullies and Buddies (2015) | By Zack Zombie amazon.com/Diary-Minecraft-Zombie

Join Zombie in an epic adventure, battling the meanest and scariest mob bullies at his school. Will the bullies continue to terrorize Zombie and his friends or will he defeat them and make it back in one piece?

Book Type: Fiction

Subjects: Bullying

Reading Level: Interest Level: 3-7 / Lexile: 600L



Doctor Proctor's Fart Powder (2009) | By Jo Nesbo

amazon.com/Doctor-Proctors-Fart-Powder

New friends Nilly and Lisa help, eccentric professor, Doctor Proctor to develop his latest invention, a powder that makes one fart. The powder makes them very popular at school, but someone is planning to steal the industrial-strength formula for evil purposes.

Book Type: Fiction

Subjects: Bullying, Eccentricities, Friendship, National Origin

Reading Level: Interest Level: 3-6 / Lexile: 830L





Don't Blame Hazel (2014) | By R. G. Frazia

amazon.com/Dont-Blame-Hazel

Hazel may dress different but she loves the way she looks. At her new school Hazel is bullied over and over until one day someone who bullied her shows up at her front door as a slimy green toad!! What happens next may surprise you... "Don't Blame Hazel!" is a story that helps children recognize signs of bullying. It will encourage them to be themselves and empower them to maintain their individuality and confidence. They will discover that those who bully sometimes have their own weaknesses, and that through understanding and forgiveness, a new friendship can be formed.

Book Type: Fiction

Subjects: Bullying, Individuality, Empowerment, Confidence, Friendships

Reading Level: Interest Level: K-4



Don't Sit on My Lunch! (2005) | By Abby Klein

amazon.com

When first-grader Freddy decides to try out for peewee hockey, his archenemy and school bully Max decides to also try out for the one slot left on the team.

Book Type: Fiction

Subjects: Bullying

Reading Level: Interest Level: K-3 / Lexile: 500L



Dragonbreath #1 (2009) | By Ursula Vernon

amazon.com/gp/product

Danny Dragonbreath and his friend Wendell get an up-close underwater tour of the Sargasso Sea from Danny's sea-serpent cousin. They encountered a giant squid and make sharks--and learned about standing up to bullies in the process.

Book Type: Fiction

Subjects: Bullying

Reading Level: Interest Level: 3-6

Lexile: 700L





Dudes, the School is Haunted (2011) | By R.L. Stine

amazon.com

When the most timid boy in Rotten School's fourth grade becomes the target of its biggest bully, Bernie Bridges decides to fight brawn with brains by convincing the bully that a ghost is out to get him.

Book Type: Fiction

Subjects: Bullying

Reading Level: Interest Level: 3-6 / Lexile: 470L



Ella and the Mighties (2017) | By Jonna Samuelson and Michael Hernandez amazon.com/Ella-Mighties

A book about bullying prevention that shows children the seriousness of bullying, and how their words can affect someone. This book also shows children self-love and respect. *Ella and The Mighties* features a tiny dachshund puppy named Ella, who is getting bullied in school because of her size. She doesn't know who to go to or how to handle the situation. Ella is very confused and sad until she meets three friends who show her how serious bullying can be, and that she can ask for help. Her new friends also teach Ella, and Ella's classmates, that judging people by how they look or talk is not okay.

Book Type: Fiction

Subjects: Bullying, Self-love, Respect, Friendship

Reading Level: Interest Level: 3-6 / Lexile: 470L



Emily Breaks Free (2000) | By Linda Talley

amazon.com

Emily is excited when Spike invites her along on a walk around Boston. When Spike bullies a visiting dog, she is uncomfortable but doesn't say anything until Emerson, a more considerate dog, shows her it isn't fun to bully.

Book Type: Fiction

Subjects: Bullies

Reading Level: Interest Level: K-3 / Lexile: 810L-1000L**



Emily Windsnap and the Monster from the Deep (2012) | By Liz Lesser

amazon.com/Emily-Windsnap

Reunited with her merman father and now living on an island located in the Bermuda Triangle, twelve-year-old Emily accidentally awakens the fearsome kraken and also faces a bully from her past.

Book Type: Fiction

Subjects: Bullying

Reading Level: Interest Level: 3-6 / Lexile: 570L



Escaping the Giant Wave (2004) | By Peg Kehret

amazon.com

An earthquake creates a tsunami while, thirteen-year-old, Kyle is babysitting his sister on a family vacation, at a Pacific Coast resort. Kyle does his best to save himself, his sister, and a boy who has bullied him for years. The book includes an author's note which provides factual information on tsunamis.

Book Type: Fiction

Subjects: Bullying, Conduct of Life

Reading Level: Interest Level: 3-6 / Lexile: 750L



The Fake Cape Caper (2007) | By Greg Trine

gregtrine.com; amazon.com/Fake-Caper

Melvin goes to Las Vegas for a convention and Candice is left in charge of Las Angeles. Candice finds that she has her hands full due to bullies at school. To make matters worse, her cape has been stoel and she is trying to figure out how she can stop all the bad guys without it.

Book Type: Fiction

Subjects: Bullying, Heroes

Reading Level: Interest Level: 3-6 / Lexile: 640L



Flat Stanley and the Haunted House (2010) | By Lori Haskins

amazon.com

Stanley Lambchop and his younger brother, Arthur, are excited about the Halloween party at school, and when they notice a bully picking on one of their friends, they come up with a plan to help.

Book Type: Fiction

Subjects: Bullying

Reading Level: Interest Level: K-3 / Lexile: 350L



The Fourth Stall (2012) | By Chris Rylander

amazon.com

Sixth-graders Mac and Vince operate a business that charges schoolmates for protection from bullies. They also offer help to negotiate conflicts peacefully, with amazing challenges and results.

Book Type: Fiction

Subjects: Bullying, Conflict Management, Friendship

Reading Level: Interest Level: 3-6 / Lexile: 760



Fruit of the Vine (2010) | By Ellen Weisberg and Ken Yoffe

amazon.com/Fruit-Vine-Ellen-Weisberg

Justin is a sensitive, introspective boy whose physical features and personality make him a convenient target for many of his cruel peers. One night, he wakes to find himself on a mysterious island inhabited by a horde of bizarre creatures. Despite his desperation to find out where he is and, more importantly, how to get home, he becomes involved in the plight of Irvino, a beast who is ostracized on this island much in the way that Justin is in his own world. Fruit of the Vine is meant not only for the grade school-aged fantasy reader, but also for anyone interested in the topic of bullies, and how altruistic qualities can develop in children.

Book Type: Fiction

Subjects: Bullying, Bystander Intervention, Self-Esteem, Friendship

Reading Level: Interest Level: K-6





Goggles! (1998) | By Ezra Keats

ezra-jack-keats.org; amazon.com/Goggles

Two boys must outsmart the neighborhood bullies before they can enjoy their new treasure, a pair of lens less motorcycle goggles.

Book Type: Fiction

Subjects: Bullying

Reading Level: Interest Level: K-3 / Lexile: 340L



Golden & Grey: An Unremarkable Boy and a Rather Remarkable Ghost (2006)

By Louise Arnold

amazon.com

When a downhearted ghost becomes the "invisible friend" of an eleven-year-old boy who is an outcast in his new school, the two help each other find their place in their respective worlds.

Book Type: Fiction

Subjects: Bullying, Friendship, Self-Realization

Reading Level: Interest Level: 3-6 / Lexile: 1000L



Good-Bye Bully Machine (2009) | By Debbie Fox

amazon.com

An illustrated introduction to bullying that provides suggestions to thwart teasing, name-calling, harassment, threats, intimidations, and violence from bullies. Kids learn what bullying is, why it hurts, and what they can do to end it with this fresh and compelling book.

Book Type: NonFiction

Subjects: Bullying, Harassment, Threats

Reading Level: Interest Level: 3-6 / Lexile: 100L-1120L**



Have You Filled a Bucket Today?: A Guide to Daily Happiness for Kids (2015)

By Carol McCloud

bucketfillers101.com/product/bf2006

Have you filled your daily bucket today? This heartening book encourages positive behavior by using the concept of an individual bucket. When you "fill your bucket" you do this by expressing kindness, appreciation and love.

Book Type: Fiction

Subjects: Values, Self-Esteem, Bullying

Reading Level: Interest Level: K-4 / Lexile: 710L



Heart Eyes: Beth and the Bullies | By Vicki Chandler

amazon.com/Heart-Eyes

The first in a series intended to help adults empower bystanders of bullying. Each book will focus on a different reason children are bullied: a student who is poor, a student who has a learning disability, a girl who has ADHD, a student who is an English language learner, a student who has health conditions, etc. The central character, Beth, sees others with heart eyes and notices important things about others. She can detect what a person wishes others would know. That ability enables her to discover what a person has to contribute. Her compassion leads her to find creative, non-confrontational solutions. Children who read the book will be inspired to help others who are bullied—to follow Beth's courageous and selfless example. The book contains a list of questions to ask children after reading the book, including possible responses (to help adults guide the responses). In addition, there are several questions to ask children privately or to prompt written responses.

Book Type: Fiction

Subjects: Bullying, Empathy, Courage, Bystanders, Empowerment

Reading Level: Interest Level: K-4



Henry and the Bully (2012) | By Nancy Carlson

amazon.com/Henry-Bully

When a new second grader begins bullying Henry and the other first graders, Henry stumbles onto a secret that just might save them.

Book Type: Fiction

Subjects: Bullying, Empathy

Reading Level: Interest Level: K-3 / Lexile Level: 410L-600L**





Here Comes the Big, Mean Dust Bunny! (2009) | By Jan Thomas

amazon.com/Here-Comes-Mean-Dust-Bunny

The dust bunnies are back to play the rhyming game with a big, mean dust bully. But this hilarious story still ends with...smiles!

Book Type: Fiction

Subjects: Bullying

Reading Level: Interest Level: K-3 / Lexile: AD230L



Hooway for Wodney Wat (2002) | By Helen Lester

amazon.com

All his classmates make fun of Rodney because he cannot pronounce his name, but it is Rodney's speech impediment that drives away the class bully.

Book Type: Fiction

Subjects: Bullying, Speech Disorder, Special Needs

Reading Level: Interest Level: K-3 / Lexile: 360L



Horns & Wrinkles (2008) | By Joseph Helgerson

amazon.com/Horns-Wrinkles

Along a magic-saturated stretch of the Mississippi River near Blue Wing, Minnesota, twelve-year-old Claire and her bullying cousin Duke are drawn into an adventure involving Bodacious Deepthink the Great Rock Troll, a helpful fairy, and a group of trolls searching for their fathers.

Book Type: Fiction

Subjects: Bullying, Family

Reading Level: Interest Level: 3-6 / Lexile: 880L



Howard B. Wigglebottom Learns About Bullies (2008) | By Howard Binkow

wedolisten.org/books-and-lessons

Howard B. Wigglebottom learns a valuable lesson in bravery after he makes the decision to confide in his teacher about how the Snorton twins have been bullying him (*Free animated version of the book*).

Book Type: Fiction

Subjects: Bullying, Bravery

Reading Level: Interest Level: K-3 / Lexile: 680L



I am Enough (2018) | By Grace Byers

amazon.com

This powerful book encourages individuals to love who you are, respect others and be kind to one another.

Book Type: Fiction

Subjects: Bullying, Self-Esteem, Emotions

Reading Level: Interest Level: K-3 / Lexile: 400L



I Walk with Vanessa: A Story About a Simple Act of Kindness (2018) | By Kerascoët penguinrandomhouse.com

A picture book that is simple but obtains a powerful message. A girl inspires a community to stand up against bullying. It shows that a single act of kindness, when someone sees another individual being mistreated, can lead to the support of an entire community.

Book Type: Fiction

Subjects: Kindness, Self-acceptance, Social Norms

Reading Level: Interest Level: K-3 / Lexile: NP



If Only You Knew (2016) | By Iona Cordero

amazon.com/Only-You-Knew

If Only You Knew is a heartfelt story about a boy named Joey who wakes up every morning with the hopes of making his mother proud with all that he learns in school. But then he finds himself being bullied in not just one but all his classes every day by some fellow classmates. He's unable to concentrate on his school work and feels scared and alone, not knowing where to go or who to tell. Find out how Joey learns that finding his courage and facing his fears would bring him the greatest joy within himself, at school and at home, to last him a lifetime.

Book Type: Fiction

Subjects: Bullying, Emotions, Courage, Confidence

Reading Level: Interest Level: 1-5



Included (2019) | By Megan Prendergast

mmcpublishing.com/book/included

A heartwarming story that aims to teach inclusion, kindness, empathy, and compassion. It expresses that although other kids may appear to be different on the outside, what is on the inside is what matters most.

Book Type: Fiction

Subjects: Inclusion, Kindness, Empathy, Compassion

Reading Level: Interest Level: PreK-3



The Invisible Boy (2013) | By Trudy Ludwig

amazon.com/Invisible-Boy

A simple act of kindness can transform an invisible boy into a friend...Meet Brian, the invisible boy. Nobody in class ever seems to notice him or think to include him in their group, game, or birthday party . . . until, that is, a new kid comes to class. Any parent, teacher, or counselor looking for material that sensitively addresses the needs of quieter children will find *The Invisible Boy* a valuable and important resource.

Book Type: Fiction

Subjects: Inclusion, Empathy, Friendship

Reading Level: Interest Level: 1-4





Jacob's Room to Choose (2019) | By Sarah Hoffman

amazon.com

Jacob is chased out of the boys bathroom because the other students think he looks like a girl. They think this because of the way he dresses. One of his classmates, Sophie, had a similar experience when she went into the girls bathroom. Jacob and Sophie, with the support of school staff, make a difference in the school by helping others understand the many forms of gender expression and how to treat people with respect.

Book Type: Fiction

Subjects: Bullying, Friendship, Gender Identity

Reading Level: Interest Level: K-3 / Lexile: 500L



Joshua T. Bates Takes Charge (1995) | By Susan Shreve

amazon.com

Eleven-year-old Joshua, worried about fitting in at school, feels awkward when the new student he is supposed to be helping becomes the target of the fifth grade's biggest bully.

Book Type: Fiction

Subjects: Bullying, Popularity

Reading Level: Interest Level: 3-6 / Lexile: 710



Junebug and the Reverend (2000) | By Alice Mead

amazon.com/Junebug-Reverend

Junebug is set to leave all his old problems behind when his family moves from the projects to a better neighborhood. Unfortunantly, new problems crop up when he runs into school bullies and has trouble making new friends. His younger sister, Tasha, quickly fits in and makes friends with the tenants in their building, a group home for the elderly that their mama supervises.

Book Type: Fiction
Subjects: Bullies

Reading Level: Interest Level: 3-6 / Lexile: 480L



Jungle Bullies (2006) | By Steven Kroll

amazon.com

Even bullies can learn to share. Why should a large animal get away with bullying a smaller one? That's what happens when Elephant takes Hippo's spot in the pond, which causes Hippo to pick on Lion, Lion to pick on Leopard, and Leopard to pick on Monkey. VINCENT NGUYEN's illustrations - a mix of watercolor, charcoal pencil, and digital techniques - enrich the story as Monkey asks his mother for advice, and she comes up with just the right solution to solve the problem.

Book Type: Fiction

Subjects: Bullying, Manners, Sharing

Reading Level: Interest Level: K-3 / Lexile: AD500L



Just Kidding (2006) | By Trudy Ludwig

amazon.com/Just-Kidding

A rare look at emotional bullying among boys from the best-selling author of My Secret Bully.D.J.'s friend Vince has a habit of teasing D.J. and then saying, Just kidding!" as if it will make everything okay. It doesn't, but D.J. is afraid that if he protests, his friends will think he can't take a joke. With the help of his father, brother, and an understanding teacher, D.J. progresses from feeling helpless to taking positive action, undermining the power of two seemingly harmless words. Trudy Ludwig takes another look at relational aggression, the use of relationships to manipulate and hurt others, this time from the boy's point of view.

Book Type: Fiction

Subjects: Emotional Bullying, Relational Aggression, Relationships, Manipulation

Reading Level: Interest Level: 2-5



Kaline Klattermaster's Tree House (2010) | By Haven Kimmel

amazon.com

Third-grader, Kaline Klattermaster's father has gone somewhere and his mother cannot seem to keep everything straight the way he did. To escape from the chaos going on at home he sneaks away to his imanginary treehouse-- where he has 100 dogs and two older brothers.

Book Type: Fiction

Subjects: Bullying, Divorce, Neighbors

Reading Level: Interest Level: 3-6 / Lexile: 990L





Katie Woo: No More Teasing (2013) | By Fran Manushkin

franmanushkin.com/katiewoo.htm; amazon.com/No-More-Teasing

A mean boy always teases Katie Woo. It makes Katie sad and mad. How can she make the bully stop teasing her?

Book Type: Fiction

Subjects: Bullying, Ethnic Group, National Origin

Reading Level: Interest Level: K-3 / Lexile: 400L



Katy Didn't (2020) | By Johnny Cuomo

amazon.com/Katy-Didnt-Johnny-Cuomo/dp/144133453X

Sometimes other kids can make faces, whisper secrets, and laugh. But a good friend can make all the difference in the world, which is just what this new bug finds out on his first day of school when he meets Katydid. She's not like all the other bugs. She's welcoming, kind, and caring. When all the other bugs picked on the new kid . . . Katy didn't! A slice-of-life picture book young readers will relate to, but with a twist: The school in the story is set in the insect world!

Book Type: Fiction

Subjects: Bullying, Kindness, Empathy

Reading Level: Interest Level: K-3



Kindness is my Superpower: A Children's Book About Empathy, Kindness and Compassion (My Superpower Books) (2020) | By Alicia Ortego

aliciaortego.com/kindness-is-my-superpower/

Lucas sets a good example of what good manners and positive behavior should look like at home and in school. Helping children to be understanding towards others, accept diversity, thrive in a multicultural and inclusive environment and show more empathy.

Book Type: Fiction

Subjects: Culturally Responsive Teaching, Empathy, Feelings

Reading Level: Interest Level: K-6 / Lexile: 210L-400L**



Lacrosse Face-Off (2006) | By Matt Christopher

amazon.com/Lacrosse-Face-Off

Eleven-year-old Garry, embarrassed when his un-athletic brother joins his lacrosse team, faces a bigger problem when the team bully turns on both of them.

Book Type: Fiction

Subjects: Bullying, Family Life, Sportsmanship

Reading Level: Interest Level: 3-6 / Lexile: 780L



Llama Llama and the Bully Goat (2013) | By Anna Dewdney

llamallamabook.com

Llama Llama finds himself in a difficult situation when Gilroy Goat starts to tease him and his friends. He isn't sure what to do, but remembers that in those situations the best thing to do is tell someone. Are Llama Llama and Gilroy Goat able to be friends again after everything that has happeneded?

Book Type: Fiction

Subjects: Bullying, Friendship, School

Reading Level: Interest Level: K-2 / Lexile: AD330L



Last One in is a Rotten Egg! (2011) | By Diane deGroat

amazon.com/Last-One-Rotten-Egg

Gilbert and Lola try to teach their cousin Wally not to be so competitive when he comes to visit for the Easter Egg Hunt.

Book Type: Fiction

Subjects: Bullying, Family Life, Sharing

Reading Level: Interest Level: K-3 / Lexile: 490L



Leon and the Champion Chip (2005) | By Allen Kurzweil

amazon.com/Leon-Champion-Chip

Fifth-grader Leon learns a new science experiene from Mr. Sparks's. He finds that the experiment might be usefule when he decides to seek revenge on, Harry Lumpkin, the class bully.

Book Type: Fiction

Subjects: Bullying

Reading Level: Interest Level: 3-6 / Lexile: 670L



Leon and the Spitting Image (2005) | By Allen Kurzweil

amazon.com

Leon, a fourth grader at The Ethical School, tries to outwit the school bully. With the help of supernatural forces he learns to sew a doll with magical powers. The doll helps him survive the remained of forth grade, his scary teacher and the bully that keeps bothering him.

Book Type: Fiction

Subjects: Bullying, Single-Parent Family

Reading Level: Interest Level: 3-6 / Lexile: 690L



Let's Talk About Body Boundaries, Consent and Respect: Teach Children about Body Ownership, Respect, Feelings, Choices and Recognizing Bullying Behaviors (2017) By Jayneen Sanders

shop.e2epublishing.info

This is a easily understood guide to teaching children about body boundaries. At a young age children should be taught that they have ownership and choices of their own body and space. Likewise, being taught about respecting the boundaries and bodies of others is equally as important. This book offers scenarios for caregivers and teachers to encourage discussion about the treatment of others, respect, consent and body boundaries.

Book Type: Non-Fiction

Subjects: Bullying, Health, Self-Esteem

Reading Level: Interest Level: Adult / Lexile: 610L-800L**



The Life of Me: (Enter at Your Own Risk) (2008) | By Henry Winkler

penguinrandomhouse.com

Hank must decide whether to attend tae kwon do or an after school reading program run by his favorite teacher. When he meets an interesting girl at Reading Gym, he gets into a complicated situation that has him lying to his father.

Book Type: Fiction

Subjects: Bullying, Friendship, Special Needs

Reading Level: Interest Level: 3-6 / Lexile: 750L



Lola Hopscotch and the First Day of School (2020) | By Marie Whittaker

amazon.com/Lola-Hopscotch-First-School-Adventures

A heartwarming story about a bashful bunny who is able to turn her first day of school into a great experience by spreading kindness. Feeling bashful about the first day of school, Lola Hopscotch is off to the playground. This timid bunny's world is shaken when other children make fun of her long ears and big feet. But Lola has much to say and it's time to play! She meets new friends and stands up for herself, even teaching the children how to play her favorite game. The picture book is wonderful when read by students, but is also meant for parents to read to kids in order to foster communication from an early age.

Book Type: Fiction

Subjects: Bullying, Kindness, Friendship

Reading Level: Interest Level: 3-6



Martha Walks the Dog (2003) | By Susan Meddaugh

amazon.com

Martha, the talking dog, rescues the neighborhood from a noisy neighbor and his bully dog, Bob.

Book Type: Fiction

Subjects: Bullying

Reading Level: Interest Level: K-3 / Lexile: 270L





Matthew and the Bullies (2010) | By Sarah, Duchess of York

amazon.com/Helping-Hand

Matthew dreads school, all because of two big bullies. He tries to handle the problem on his own, but things just get worse-until he, his mother, and his teacher work together to make things right. Kids in the same situation as Matthew will find comfort in knowing they can turn to adults for help, and parents and teachers will acquire valuable strategies for stopping bullies.

Book Type: Fiction

Subjects: Bullying

Reading Level: Interest Level: K-3 / Lexile: 810L-1000L**



Max Quigley: Technically Not a Bully (2009) | By James Roy

amazon.com

Bully or not, Max Quigley is in for a life change when he and his sometimes victim Triffin Nordstrom are forced together by their parents, in this funny book that explores the topic of bullying from the bully's perspective.

Book Type: Fiction

Subjects: Bullying

Reading Level: Interest Level: 3-6 / Lexile: 940L



Mighty Millie (2016) | By Rachel E Brown and Felicity Chastney amazon.com/Mighty-Millie

This is the tale of Millie, a shy little mouse who likes to stay unnoticed. One day, Millie discovers bullies are picking on other mice at her school. At first, Millie is scared and not sure what she can do to help. Despite her own fears and shyness, Millie decides that she can't let this bullying carry on - she must stand up for others. Soon enough, other mice start to follow Millie's lead and stick up for each other. By being an upstander, Millie not only helps the mice being picked on, she also begins to overcome her own shyness. This story encourages young readers to put themselves in Millie's place and think about how they would react to a similar situation.

Book Type: Fiction

Subjects: Bullying, Shyness, Empathy, Upstanders

Reading Level: Interest Level: PreK-3



The Monster's Ring (2008) | By Bruce Coville

brucecoville.com/library/the-monsters-ring

A timid boy, eager to frighten the school bully on Halloween night, acquires a magic ring and the power to change himself into a hideous monster.

Book Type: Fiction

Subjects: Bullying

Reading Level: Interest Level: 3-6 / Lexile: 550L



Mr. Lincoln's Way (2017) | By Patricia Polacco

amazon.com/Mr-Lincolns-Way

When Mr. Lincoln, "the coolest principal in the whole world," discovers that Eugene, the school bully, knows a lot about birds, he uses this interest to help Eugene overcome his intolerance.

Book Type: Fiction

Subjects: Actual or Perceived Race, Bullying, Color, Ethnic Group, Prejudices

Reading Level: Interest Level: K-3 / Lexile: 450L



My Brother Bernadette (1995) | By Jacqueline Wilson

amazon.com/My-Brother-Bernadette

Sara always gets lumbered with looking after her little brother Bernard, and the summer project at the local school is no different. There's so much to do; football, judo, trampolining, model car making, computer games, and drama. All Bernard wants to do is clothes design. Soon all the kids, led by Big Dan, are calling Bernard "Bernadette" and shoving him around. Sara wants to help but is worried she may make it worse. Though "Bernadette" is a little boy with big ideas, and he has a plan up his very nicely designed sleeve.

Book Type: Fiction

Subjects: Bullying, Gender Identity

Reading Level: Interest Level: K-3 / Lexile: 600L



My Dog's a Scaredy-Cat: A Halloween Tail (2006) | By Henry Winkler

amazon.com

Hank think that he had a awesome Halloween costume until the school bully, Nick McKelty, makes fun of him and tells him he isn't scary at all. Hank comes up with an idea to create the scariest haunted house ever to prove him wrong. This seems like a good plan until he figures out his dog, Cheerio, is scared of th haunted house. Cheerio is so scared that he goes missing. Will Hank find Cheerio and stand up to his bully?

Book Type: Fiction

Subjects: Bullying, Special Needs

Reading Level: Interest Level: 3-6 / Lexile: 750L



My Footprints (2019) | By Bao Phi

amazon.com/My-Footprints

Every child feels different in some way, but Thuy feels "double different." She is Vietnamese American and she has two moms. Thuy walks home one winter afternoon, angry and lonely after a bully's taunts. Then a bird catches her attention and sets Thuy on an imaginary exploration. What if she could fly away like a bird? What if she could sprint like a deer, or roar like a bear? Mimicking the footprints of each creature in the snow, she makes her way home to the arms of her moms. Together, the three of them imagine beautiful and powerful creatures who always have courage - just like Thuy.

Book Type: Fiction

Subjects: Bullying, Cultural Identity, LGBTQ+ Families, Feelings

Reading Level: Interest Level: 1-3



My Rotten Life Nathan Abercrombie, Accidental Zombie (2009) | By David Lubar us.macmillan.com/books/9780765316349

Tired of continually having his feelings hurt by popular students and bullies, fifth-grader Nathan agrees to try an experimental formula called Hurt-Be-Gone. He becomes a half-dead zombie, a condition which, he soon discovers has some real advantages.

Book Type: Fiction

Subjects: Bullying, Popularity, Self-Confidence

Reading Level: Interest Level: 3-6 / Lexile: 540L



My Secret Bully (2015) | By Trudy Ludwig

amazon.com/My-Secret-Bully

THE SECRET'S OUT ON BULLYING! Here is the all-too-familiar story of Monica. She and Katie have been friends since kindergarten and Monica loves being around Kaite when she's nice, but there are times when Katie can be just plain mean. Monica doesn't understand why, she is a target of relational aggression, emotional bullying among friends and manipulation to humiliate and exclude. With a little help from a supportive adult--Monica learns to cope and thrive, by facing her fears and reclaiming power from her bully.

Book Type: Fiction

Subjects: Bullying, Friendship

Reading Level: Interest Level: K-3 / Lexile: AD630L



Myrtle (2004) | By Tracy Campbell Pearson

traceycampbellpearson.com/myrtle

Myrtle is happy, she has a loving family and a good life. This is until Frances moves next door. Frances does not love Myrtle, and she makes it her mission to keep Myrtle miserable. She makes mean signs, sings mean songs, and says mean things. Then Aunt Tizzy comes to visit, fresh from an African safari, and she has some very good pointers to share with Myrtle, learned from keeping the lions at bay.

Book Type: Fiction

Subjects: Bullying, Family, Self-Confidence

Reading Level: Interest Level: K-3 / Lexile: 410L-600L**



Nathan and the Really Big Bully / Nathan y el gran abusador (2012) | By Gerry Renert amazon.com

This meaningful children's book is available in both English and Spanish. It takes you on a journey with a penguin who has been having some trouble with a hyena who is being a bully. Penguin turns to Nathan for advice but Nathan seems to be in a sticky situation as well. Will Nathan turn out to be a good role model for Penguin?

Book Type: Fiction

Subjects: Bullying

Reading Level: Interest Level: K-2 / Lexile: 610L-800L**



The New Girl (2009) | By Meg Cabot

amazon.com

Guided by her rules, nine-year-old Allie works to get past being just the new girl at school, eagerly awaits the arrival of her kitten, and faces turmoil when her grandmother visits while the family is still settling into their new home.

Book Type: Fiction

Subjects: Bullying, Extended Family, Friendship

Reading Level: Interest Level: 3-6 / Lexile 860L



Nobody (2015) | By Erin Frankel

freespirit.com/bullying-prevention

Thomas feels like no matter what he does, he can't escape Kyle's persistent bullying. At school, at soccer—nowhere feels safe! With support from friends, classmates, and adults, Thomas starts to feel more confident in himself and his hobbies, while Kyle learns the importance of kindness to others. The book concludes with "activity club" pages for kids, as well as information to help parents, teachers, counselors, and other adults foster dialogue with children about ways to stop bullying.

Book Type: Fiction

Subjects: Bullying, Prevention, Kindness, Confidence

Reading Level: Interest Level: K-4



Nobody Knew What to Do: A Story About Bullying (2001) | By Becky McCain albertwhitman.com/book/nobody-knew-what-to-do

When bullies pick on a boy at school, a classmate is afraid, but decides that he must do something. Includes notes regarding bullying prevention.

Book Type: Fiction

Subjects: Bullying, Bystanders

Reading Level: Interest Level: K-3 / Lexile: 690L



One (2008) | By Kathryn Otoshi

amazon.com/One

Red picks on Blue while Yellow, Orange, Green, and Purple wonder what they can do. One unites the colors and helps everybody learn about acceptance, tolerance, and boundaries amidst bullying while the reader learns numbers and primary and secondary colors.

Book Type: Fiction

Subjects: Acceptance, Bullying, Tolerance, All Protected Classes

Reading Level: Interest Level: K-3 / Lexile: 510L



Pinky and Rex and the Bully (1996) | By James Howe

bookshop.org/books/pinky-and-rex-and-the-bully

Pinky learns the importance of identity as he defends his favorite color, pink, and his friendship with a girl, Rex, from the neighborhood bully.

Book Type: Fiction

Subjects: Bullying, Friendship, Gender Identity

Reading Level: Interest Level: K-3 / Lexile: 570L



Plantzilla Goes to Camp (2006) | By Jerdine Nolen

amazon.com/Plantzilla-Goes

Through a series of letters a boy, his parents, and others discuss Camp Wannaleavee, the camp bully, and Plantzilla, who has been forbidden to come but misses his caretaker and arrives in time to become the camp hero.

Book Type: Fiction

Subjects: Bullying

Reading Level: Interest Level: K-3 / Lexile: AD570L



The Pout-Pout Fish and the Bully-Bully Shark (2019) | By Deborah Diesen

poutpoutfish.com; amazon.com/Pout-Pout-Fish

Mr. Fish and his friends love to play down at the park, but one day they start to get bullied by a misbehaving shark! Mr. Fish knows bullying is wrong, and wants to help but he isn't sure he is strong enough. After all he is only one fish!

Book Type: Fiction

Subjects: Bullying, Friendship

Reading Level: Interest Level: 3-7 / Lexile: AD550L



The Rat and the Tiger (2007) | By Keiko Kasza

penguinrandomhouse.com

In his friendship with Rat, Tiger takes advantage and plays the bully because of his greater size. Rat doesn't allow that to happen for long and one day he stands up for his rights.

Book Type: Fiction

Subjects: Bullying, Friendship

Reading Level: Interest Level: K-3 / Lexile: 490L



Real Friends (2017) | By Shannon Hale

shannonhale.com/books/real-friends; amazon.com

Shannon and Addrienne have always been best friends, until now. Addrienne started hanging out with the leader of "The Group", the most popular circle of friends in school. Some people will do anything to be on top, even if it means bullying others. Will Shannon become a part of "The Group" and stay friends with Addrienne?

Book Type: Fiction

Subjects: Bullying, Friendship

Reading Level: Interest Level: 3-5 / Lexile: GN290L



The Recess Queen (2002) | By AlexisO'Neill

amazon.com/Recess-Queen

Mean Jean was Recess Queen and nobody said any different. Nobody swung until Mean Jean swung.! Nobody kicked until Mean Jean kicked! Until a new kid came to school, with her irrepressible spirit, the new girl dethrones the reigning recess bully by becoming her friend in this infectious playground romp.

Book Type: Fiction

Subjects: Bullying, Conflict Management

Reading Level: Interest Level: K-3 / Lexile: AD550L



Red (2020) | By Jan De Kinder

amazon.com

In this story, a girl finds it funny when her classmate starts blushing on the school playground. Her friends laugh along with her, but one student takes the teasing too far. Torn between her sympathy for her classmate and her fear of being bullied, the girl must make a difficult choice. This heartfelt book will inspire readers to find the courage to take a stance against bullying and show compassion towards others.

Book Type: Fiction

Subjects: Bullying, Teasing, Courage, Compassion **Reading Level:** Interest Level: PreK-3 / Lexile: AD550L



Ricky Ricotta's Mighty Robot: an Adventure Novel (2005) | By Dav Pilkey

amazon.com/Ricky-Ricottas-Mighty-Robot

Ricky Ricotta, a small mouse, saves a giant robot from his evil creator- Dr. Stinky. IN turn, the robot protects Ricky from the bullies at school and it saves the city from Dr. Stinky's plan to destroy it.

Book Type: Fiction

Subjects: Bullying, Bystander

Reading Level: Interest Level: 3-7



Roscoe Riley Rules #2: Never Swipe a Bully's Bear (2008) | By Katherine Applegate amazon.com/Roscoe-Riley

When first-grader Roscoe discovers that his stuffed pig is missing from his backpack, he accuses the class bully of "pig-napping" and gets even by taking the bully's teddy bear.

Book Type: Fiction

Subjects: Bullying, Stealing

Reading Level: Interest Level: K-3 / Lexile: 340L



Say Something (2013) | By Peggy Moss

amazon.com

At this school, there are some children who push and tease and bully. Sometimes they hurt other kids by just ignoring them. The girl in this story sees it happening, but she would never do these mean things herself. Then one day something happens that shows her that being a silent bystander isn't enough. Will she take some steps on her own to help another kid?

Book Type: Fiction

Subjects: Bullying, Bystander

Reading Level: Interest Level: 3-6 / Lexile: 430L



The Secrets of the Pond (2018) | By Mario Company

amazon.com/Secrets-Pond

Cora and her turtle friends experience some bullying behavior by Haley at school in the Pond. Not knowing who to talk to, Cora keeps it secret from her mother and teachers. With the help of some trusted adults, Cora and Haley both find support and friendship.

Book Type: Fiction

Subjects: Bullying, Friendship, Adult Support

Reading Level: Interest Level: Grades 3-5 / Lexile: 780L





September Surprises (Main Street #6) (2008) | By Ann Martin

amazon.com/September-Surprises

Olivia, having just started seventh grade, ends up becoming the target of bullies and a popular older girl. She has to find a way to grow up fast.

Book Type: Fiction

Subjects: Bullying, Popularity

Reading Level: Interest Level: 3-6 / Lexile: 810L



Should I Speak Up? (2020) | By Olivia and Rinna

http://amazon.com/

Zinny didn't understand why kids who were mistreated kept quiet, until she sees her friend Chloe in the same situation. Zinny confronts her friend to enquire why she did not stand up for herself. What did Zinny's friend reveal? Will Zinny and her friend continue to keep quiet or will they speak up? Should I Speak up? is a simple but powerful story about friendship, encouragement, overcoming fear and speaking up for one's self and others.

Book Type: Fiction

Subjects: Bullying, Friendship, Encouragement, Being an Upsatnder

Reading Level: Interest Level: 1-5



A Smart Kid's Guide to Online Bullying (2009) | By David Jakubiak

amazon.com/gp

Introduces the dangers of online bullying to young readers, discusses how and why bullies try to intimidate others on the Internet, and provides advice on how to avoid and thwart the negative aims of cyber bullies.

Book Type: Nonfiction

Subjects: Bullying, Cyberbullying, Online Safety

Reading Level: Interest Level: 3-6 / Lexile: 810L





Smitty Tackles Bullying (2017) | By Wade Smith

amazon.com/Smitty-Tackles-Bullying

Smitty has truly discovered his love of reading and is doing great in class and on the field, but when Smitty begins to notice his best friend, Luke, is skipping out of Reading Lab, he decides to investigate. What Smitty finds is that somone is bullying Luke because he isn't a strong reader! Smitty knows he needs to take action. He confronts the bully and tries to apply his dad's saying of, "you catch more flies with honey than vinegar." Smitty uses kindness and understanding to conquer the bully, and in the end makes a new friend and finds a way to help Luke with his reading. This charming picture book is the perfect story for kids who may be dealing with bullying themselves, and proves that it isn't ok to just stand by the sidelines. Sometimes, kindness, understanding, and true friendship are the keys to tackling bullying.

Book Type: Fiction

Subjects: Bullying, Friendship, Being an Upstander, Kindness, Understanding

Reading Level: Interest Level: 2-3



Speak Up (2020) | By Miranda Paul

amazon.com/Speak-Up

One voice can make a huge difference! Join a group of students, from diverse backgrounds, in their journey to discovering ways to speak up and make their voices heard. Sharing a moment of kindness can go a long way!

Book Type: Fiction

Subjects: Bullying, Self-Esteem, Prejudices

Reading Level: Interest Level: K-3 / Lexile: 810L-1000L**



Spookley the Square Pumpkin (2013) | By Joe Troiano

amazon.com/Legend-Spookley

Spookley the Square Pumpkin is a square pumpkin who lives in a round pumpkin patch world. This book delivers a message of tolerance and kindness in a fun, accessible format that is easily grasped by young students. By making these advanced concepts easily understood by early learners, teachers can help stop bullying before it begins.

Book Type: Fiction

Subjects: Bullying, Tolerance, Kindness, Character

Reading Level: Interest Level: K-4





Squish. No. 1, Super Amoeba (2011) | By Jennifer Holm

amazon.com/Squish-Amoeba

The young amoeba Squish, inspired by his favorite comic book hero, Super Amoeba, tries to navigate his way through school and save his friends. Saving them from the evils that lurk in the halls.

Book Type: Fiction

Subjects: Bullying, Courage

Reading Level: Interest Level: 3-6 / Lexile 230L



Stand Tall, Molly Lou Melon (2001) | By Patty Lovell

penguinrandomhouse.com

Even when the class bully at her new school makes fun of her, Molly remembers what her grandmother told her and she feels good about herself

Book Type: Fiction

Subjects: Bullying, Extended Family, Self -Acceptance

Reading Level: Interest Level: K-3 / Lexile: 560L



Stand Up for Yourself & Your Friends: Dealing With Bullies and Bossiness, and Finding a Better Way (2016) | By Patti Kelley Criswell

amazon.com/Stand-Yourself-Your-Friends

Offers advice for young girls on dealing with bullies, bossiness, and includes self-assessment tools.

Book Type: Nonfiction

Subjects: Bullying, Conflict Management, Friendship

Interpersonal Relationships

Reading Level: Interest Level: 3-6 / Lexile: 740L



Stick and Stone (2015) | By Beth Ferry

amazon.com

Stone finds himself in a spikey situation with a Pinecone until Stick comes along and saves him. They become fast friends but then Stick gets stuck. Is stone able to save him and repay the favor?

Book Type: Fiction

Subjects: Bullying, Friendship

Reading Level: Interest Level: K-5 / Lexile: BR250L



Super Chicken Nugget Boy vs. Dr. Ned-Grant and His Eggplant Army (2010)

By Josh Lewis

amazon.com

Super Chicken Nugget Boy, normally a student at Bert Lahr Elementary School, must step in to save the day when an army of evil eggplants attacks the school bully. His name is Dirk Hamstone and he makes fun of a mad food scientist named Dr. Myron Ned-Grant by calling him "eggplant."

Book Type: Fiction

Subjects: Bullying

Reading Level: Interest Level: 3-6 / Lexile: 690L



Surviving Gangs and Bullying (2010) | By Michaela Miller

amazon.com/Surviving-Gangs-Bullying

Ancient legends are full of heroes. But heroes also exist in real life. They may not fight dragons, but their challenges can be just as awesome. In REAL LIFE HEROES, we look at true stories of courage and heroism in the face of persecution, disaster, addiction, and disease. Contains true stories of seventeen young people whose lives have been influenced by gangs or bullying, and offers related facts and advice.

Book Type: Nonfiction

Subjects: Bullying, Gangs

Reading Level: Interest Level: 3-6 / Lexile: 810L**





Talent Show Pants (2005) | By Abby Klein

abebooks.com/servlet/BookDetails

Freddy is nervous about the first-grade talent show, especially with Max bullying and teasing him, but Freddy's dad has an idea that might make Freddy a star and get Max to back off.

Book Type: Fiction

Subjects: Bullying

Reading Level: Interest Level: K-3 / Lexile: 630L



There's a New Kid, Lola Hopscotch! (2020) | Marie Whittaker

amazon.com/Theres-New-Lola-Hopscotch-Adventures

When Lola meets a new child at school, she's very happy to make a new friend. But when the other children are too curious about her new friend's appearance, the new kid is uncomfortable with their questions. Lola stands up to the school bullies and helps the new kid feel welcome.

Book Type: Fiction

Subjects: Kindness, Acceptance, Inclusion

Reading Level: Interest Level: K-3



Three Rotten Eggs (2005) | By Gregory Maguire

<u>amazon.com</u>

Trouble is brewing in Hamlet, Vermont when a new kid named Thud Tweed enrolls in Miss Earth's class. He's an oversize lug with a bad attitude that soon starts affecting his classmates--especially after he tinkers with the outcome of the spring egg hunt and pits the rival Copycats and Tattletales against their own members. When three genetically manipulated eggs appear on the scene and begin to hatch, the children begin spinning lies to keep them a secret. Soon they are caught in their own web, and they realize that they must all join together, even Thud, if they want to find a way to right their wrongs.

Book Type: Fiction

Subjects: Bullying, Lies, Sexual Identity

Reading Level: Interest Level: 3-6 / Lexile: 690L



Trading Places with Tank Talbott (2003) | By Dori Hillestad Butler

<u>kidswriter.com/?s=Trading+places</u>; amazon.com/Trading-Places

Jason, who would rather work on his horror movie screenplay than learn to swim, finds an unlikely ally. This ally is Tank, the class bully, who is being forced to take ballroom dance lessons.

Book Type: Fiction

Subjects: Bullying, Friendship

Reading Level: Interest Level: 3-6 / Lexile: 530L



The Too Small Elephant (2016) | By Christine Lauren

amazon.com/Too-Small-Elephant

The Too Small Elephant examines bullying from the inside out. Emmaline the Elephant is unusual. She hates being small and not fitting in. She discovers that by hurting others she somehow feels bigger. Emmaline becomes quite the bully, but a brave new student asks Emmaline "Why?" This simple book carries a powerful message. It will empower those whom have or are being bullied. But more importantly it will encourage the Emmalines of the world to look within and heal what's hurting.

Book Type: Fiction

Subjects: Bullying, Empowerment, Kindness, Understanding

Reading Level: Interest Level: Grades 1-3



You, Me and Empathy (2017) | By Jayneen Sanders

amazon.com

Teaching children about empathy, feelings, kindness, compassion, tolerance and recognizing bullying behaviors. Quin models the meaning of empathy by showing compassion an kindness towards others. Also offering resources for parents, caregivers and educators on suggested activities to promote these skills.

Book Type: NonFiction

Subjects: Empathy, Bullying

Reading Level: Interest Level: K-3 / Lexile: 610L-800L**



Vive la Paris (2006) | By Esme Raji Codell

amazon.com

Fifth-grader Paris learns some lessons about dealing with bullies, of all kinds, as she wonders how to stop a classmate from beating up her brother at school. She also learns about the Holocaust from her piano teacher, Mrs. Rosen.

Book Type Fiction

Subjects: Bullying, Family

Reading Level: Interest Level: 3-6 / Lexile: 800L



Warp Speed (2013) | By Lisa Yee

amazon.com/Warp-Speed-Lisa-Yee-2013-07-30/dp/B017YCF6NW

Entering 7th grade is no big deal for Marley Sandelski: Same old boring classes, same old boring life. The only thing he has to look forward to is the upcoming Star Trek convention. Unfortunantly, he inadvertently draws the attention of Digger Ronster, the biggest bully in school, his life has officially moved from boring to far too dramatic . . . from invisible to center stage.

Book Type: Fiction

Subjects: Bullying, Popularity

Reading Level: Interest Level: 3-6 / Lexile 630L



Way of the Warrior Kid: From Wimpy to Warrior the Navy SEAL Way: A Novel (2018) By Jocko Willink

amazon.com/Way-Warrior-Kid-Wimpy-Novel-ebook/dp/Bo1MR6ZCKo

Fifth grade was a difficult year for Marc, he wasn't good at gym, math was hard for him, he couldn't swim and worst of all the class bully wouldn't leave him alone. Things are starting to look up for Marc because his uncle, a navy seal, is visiting for the summer and is going to help turn Marc into a warrior. Can Marc transform into a warrior before the start of school and stand up to the bully who has been bothering him?

Book Type: Fiction

Subjects: Bullying, Family, Self-Esteem

Reading Level: Interest Level: 3-7 / Lexile: 610L





The Weird! Book Series (2013) | By Erin Frankel

amazon.com/gp/bookseries

These three books tell the story of an ongoing case of bullying from three third graders' perspectives. Luisa describes being targeted by bullying in *Weird!* Jayla shares her experience as a bystander to bullying in *Dare!* And in *Tough!*, Sam speaks from the point of view of someone initiating bullying. Kids will easily relate to Luisa, Jayla, and Sam, as each girl has her own unique experience, eventually learning how to face her challenges with the help of friends, peers, and caring adults. These books on bullying each conclude with "activity club" pages for kids, as well as information to help parents, teachers, counselors, and other adults reinforce the books' messages and foster dialogue with children.

Book Type: Fiction

Subjects: Bullying, Bystanders, Courage, Varying Perspectives

Reading Level: Interest Level: K-4



We're All Wonders (2020) | By R.J. Palacio

wonderthebook.com/books/were-all-wonders

With *We're All Wonders*, R. J. Palacio makes her picture-book debut as both author and artist. Palacio shows young readers what it's like to live in Auggie's world—a world in which he feels like any other kid, but he's not always seen that way. *We're All Wonders* may be Auggie's story, but it taps into every child's longing to belong, and to be seen for who they truly are. It's the perfect way for families and educators to talk about empathy and kindness with young children.

Book Type: Fiction

Subjects: Kindness, Self-acceptance, Teasing

Reading Level: Interest Level: K-3 / Lexile: AD370L



Wet and Wild! (2011) | By Nancy E Krulik

amazon.com/Wild-George

Fourth-grader George gets help from his friend Alex in trying to control the magic burps that take control and cause him to misbehave in funny ways, but when the class bully celebrates his birthday at a water park, anything can happen.

Book Type: Fiction

Subjects: Bullying, Behavior

Reading Level: Interest Level: 3-6 / Lexile: 540



The Wolf's Colourful Coat (2016) | By Avril McDonald

amazon.com/Wolfs-Colourful-Coat

Wolfgang can't wait for it to get cold enough for him to wear his brand new colourful coat but when the time finally arrives, some nasty creatures make fun of it. Wolfgang feels upset and is afraid that they will hurt him again, so he hides away in the tree house. Spider encourages Wolfgang to tell someone he trusts about how he is feeling and he learns that things aren't always as they seem. Sometimes we get hurt by others and we have to be brave enough to continue to be ourselves and to keep our hearts open. There can be some lovely surprises for us when we do!

Book Type: Fiction

Subjects: Bullying, Teasing, Feelings

Reading Level: Interest Level: PreK-2



A Wrinkled Heart (2015) | By Tracy Hoexter

amazon.com

A Wrinkled Heart is a touching and delightful story about learning to be kind to others. This book is based on a folktale long used by teachers around the world. One beautiful morning, Elliott, a young bunny, joyfully gets up and ready for his school day. At breakfast, he is scolded for spilling some milk, and his heart wrinkles a little bit. At school, Elliott encounters some friends who hurt his feelings and his heart wrinkles even more... until it's all wrinkled up! Later, his friends and family apologize for their hurtful words and try to take the wrinkles out. Elliott feels better, but some wrinkles get left behind. He decides to always be careful with his words so he doesn't wrinkle anyone's heart. Readers learn the importance of kindness, friendship and the Golden Rule.

Book Type: Fiction

Subjects: Bullying, Character, Social Development, Kindness, Friendship

Reading Level: Interest Level: PreK-3



Ghost Buddy: Zero to Hero (2012) | By Henry Winkler

amazon.com/Ghost-Buddy

Billy Broccoli just wants to be a normal kid in his new school but he ends up with his own personal ghost, and the two come up with a plan to stop a bully at school.

Book Type: Fiction

Subjects: Bullying

Reading Level: Interest Level: 3-6 / Lexile: 800L



Websites



American Federation of Teachers: Bullying Prevention

aft.org/bully

This website provides resources and training for educators, parents, and students to develop a better understanding of bullying. The site includes access to articles, webinars, FAQs, activities, and booklists.

Audience: Educators, Parents, Students (Elementary, Middle, High)

Content: Website, Videos, Blogs, Webinars

Subjects: Bullying Prevention, Character Education, Cyberbullying, Social Emotional

Learning, Violence Prevention



Anti-Bullying Alliance

anti-bullyingalliance.org.uk

This UK based website strives to increase awareness of bullying, promote understanding of best practices related to bullying, and develop programming to support change.

Audience: Educators, Parents, Students

Content: Blogs, Videos, Recommended Books, Toolkits, Campaigns

Subjects: Bulling Prevention, Character Education, Social Emotional Learning



Bully Bust: Promoting a Community of Upstanders

schoolclimate.org/bullvbust

This program is sponsored by The National School Climate Center and includes a pledge to end bullying, activities, a partner school program, and an essay contest for teens. Helpful links, tips for responding to bullying, 10 ways to be an upstander, writing activities, a toolkit for organizing an Upstanders Alliance and creating a team project.

Audience: Educators, Parents, Students (Elementary, Middle, High)

Content: Blogs, information pertaining to all subject matters associated with bullying

prevention, pledges, videos posted from a video contest and additional

websites are posted.

Subjects: Bullying Prevention, Character Education, Social Emotional Learning,

Upstanders





Preventing Violence & Bullying

nea.org/professional-excellence/school-climate

This site was designed by the *National Education Association* to assist teachers and adults in helping students who have been bullied. A plethora of resources is available including opportunities to obtain micro-credentials that support anti-bullying efforts in schools. NEA policy briefs and research reports are posted under references.

Audience: All employees of schools - Educators (including paraprofessionals), Clerical,

Food Services Workers, School Bus Drivers

Content: Blogs, Continuing Education, PDFs for selected employees, PSA's and Videos

Subjects: Bullying Prevention, Character Education, Social Emotional Learning



Bullying No Way!

bullyingnoway.gov.au

This comprehensive anti-bullying website is hosted by the Australian government. Specific recommendations for action are prescribed along with an interactive website which is targeted to specific audiences. Also included are activities, tips, and worksheets to incorporate programs that support "student leaders" or mentors for younger students (ages 5-8).

Audience: Educators, Parents, Students (Elementary, Middle, High)

Content: Interactive Computer Games, Videos (by function of audience and age),

Avatars that students can build within the context of responding to bullying

and bullying prevention

Subjects: Bullying Prevention, Character Education, Cyberbullying, Social Emotional

Learning



The Bully Project

thebullyproject.com

This website includes a set of resources for understanding and confronting bullying from all angles. The toolkit includes information for teachers, students, parents and advocates. The website highlights the <u>unique</u> <u>challenges</u> children with special needs face when encountering bullying. The site also includes a discussion on the movie *Bully and access to tools to incorporate the movie in bullying prevention and intervention efforts*.

Audience: Educators, Parents, Students (Intermediate Elementary, Middle, High)

Content: Blogs, Videos, Resources

Subjects: Ability Awareness, Bullying Prevention, Character Education, Social

Emotional Learning, Special Needs





Character Education Partnership

character.org

Character Education Partnership's mission is to help "create safe, caring, and respectful schools where students flourish academically and do the right thing." *Eleven Principles of Effective Character Education* are the cornerstone of CEP's philosophy. Activities can be searched by specific age ranges and include lesson plans and videos. Lesson plans can be found at www.character.org/lessons/lesson-plans/A. Examples about how schools across the country have responded to bullying are also included. (Note: Some information is sold on this site.)

Audience: Educators, Parents, Students, (Elementary Middle, High)

Content: Blogs, Lesson Plans, Videos

Subjects: Bullying Prevention, Cyberbullying, Character Education, Social Emotional

Learning



Committee for Children

cfchildren.org

The Committee for Children's research-based *Steps to Respect* program is geared for elementary students to recognize, refuse, and report bullying. The program promotes assertive behaviors in response to bullying and how to build friendships. In addition to this program, there are free downloads of activities, music, and videos for educators and parents.

Audience: Educators, Parents

Content: Blogs, Videos (Pre-K and Elementary), Blogs, White Papers

Subjects: Bullying Prevention, Character Education, Social Emotional Learning



Common Sense Media

commonsensemedia.org/cvberbullving; commonsensemedia.org/educators/cvberbullving-toolkit

Common Sense Media is dedicated to improving the lives of kids and families by providing the trustworthy information and education to thrive in a word of media and technology. Readers will find reviews of films and separate tabs for pre-k, elementary, preteens, teens, and older teens. A course for digital citizenship is also available.

Audience: Educators, Parents, Students (Elementary, Middle, High)

Content: Apps, Book titles, Games, Music by Topic, Videos, Websites, Toolkit for

Cyberbullying

Subjects: Bullying Prevention, Cyberbullying, Character Education, Social Emotional

Learning





Education.com

education.com/topic/school-bullying-teasing

This comprehensive website includes activities, worksheets, videos, and literature for educators and parents. Workbooks and webinars can be used to support classroom activities, Under "Just Ask" there are resources for tips about bullying. Examples of letters for teachers and administrators are also included. Factsheets, webinars, and research articles are also posted to this site.

Audience: Educators, Parents

Content: Blogs, Videos, Webinars

Subjects: Bullying Prevention, Cyberbullying, Character Education, Social Emotional

Learning



Edutopia

Edutopia.org

This website provides information on a number of topics designed to support educators including bullying and social and emotional learning.

Audience: Educators, Parents

Content: Website, Videos, Blogs, Webinars

Subjects: Bullying Prevention, Cyberbullying, Character Education, Social Emotional

Learning



Federal Bureau of Investigaion

fbi.gov/stats-services/publications/parent-guide/parent-guide

This website and parent guide cautions the following: "While on-line computer exploration opens a world of possibilities for children, expanding their horizons and exposing them to different cultures and ways of life, they can be exposed to dangers as they hit the road exploring the information highway." This site provides information for parents about internet safety and links to additional resources. Educators of every level will find this site useful for advising parents about internet safety.

Audience: Educators, Parents

Content: Advice about Child Exploitation, Hot Tip Line, Pamphlet, Infographics, News

and Information, Statistics

Subjects: Internet Safety, Cyberbullying, Hate Crimes, Harassment





Learning for Justice

learningforjustice.org

This site identifies its mission to "help teachers and schools educate children and youth to be active participants in a diverse democracy." Topics include: Race & Ethnicity; Religion; Ability; Class; Immigration; Gender & Sexual Identity; Bullying & Bias; Rights & Activism.

Audience: Educators, Parents, Students (Elementary, Middle, High)

Content: Website, Videos, Blogs, Lesson Plans, Readings, Songs

Subjects: Bullying Prevention, Character Education, Culturally-Responsive Teaching,

Social Emotional Learning, Violence Prevention



Media Smarts

mediasmarts.ca

Media Smarts is a Canadian not-for-profit charitable organization for digital and media literacy. Digital issues are addressed with lesson plans, tip sheets for all subjects, and educational games.

Audience: Educators, Parents, Students (Elementary, Middle, High)

Content: PDFs of researched topics associated with bullying prevention, digital literacy

Subjects: Body Image, Bullying Prevention, Cyberbullying, Gender Identification,

Media Representation of Minorities, Online Hate



A Mighty Girl

amightvgirl.com

On this website you can find a plethora of information and access to books, toys, movies, and music in easy to search formats for parents, teachers and students. "The site was founded on the belief that all children should have the opportunity to read <u>books</u>, play with <u>toys</u>, listen to <u>music</u>, and watch <u>movies</u> that offer positive messages about girls and honor their diverse capabilities."

Audience: Educators, Parents, Students (Elementary, Middle, High)

Content: Guides, Blog, Tip Sheets, Fact Sheets

Subjects: Bullying, Relationships, Health and Wellness, Parenting, Peer Relations,

Character Development, Positive Messaging





National Crime Prevention Council (McGruff)

ncpc.org

The National Crime Prevention Council's mission is to be the "nation's leader in helping people keep themselves, their families, and their communities safe from crime." Resources for internet safety and bullying prevention are provided along with separate videos geared for boys and girls. Training for crime prevention is also included.

Audience: Educators, Law Enforcement, Parents, Students (Elementary)

Content: Games, Videos

Subjects: Bullying Prevention, Character Education, Cyberbullying, Social Emotional

Learning, Media Literacy



National Parent Teacher Association (PTA) Bullying: Connect to Respect

pta.org/home/programs/Connect-for-RespectBullying

This website includes tips, references, and advice for educators, parents, and PTAs to develop a movement in preventing bullying abuse. This includes how to plan a *Connect to Respect* event.

Audience: Educators, Parents

Content: Organizational Strategies, Tip Sheets

Subjects: Bullying Prevention, Character Education, Social Emotional Learning



Not in Our Town

niot.org

This site highlights communities working together to stop hate and intolerance. Categories include When Hate Comes to Your Town, Supporting Victims of Hate, Prevention and Community Engagement, Law Enforcement in the Fight Again Hate, Not in Our School & Youth Organizing. There are numerous free videos and some DVD's for sale.

Audience: Educators, Parents, Students (Elementary, Middle, High)

Content: Blogs, DVD's, Videos

Subjects: Bullying Prevention, Character Education, Social Emotional Learning



PACER's National Bullying Prevention Center

pacer.org/bullying; www.pacerkidsagainstbullying.org

Resources comprise videos including a puppet show, a 32 page <u>Peer Advocacy Guide</u> provided to address students with disabilities (grades 4 through High School), and information for LGBTQ Students and their

families.

Audience: Educators, Parents, Students (Elementary, Middle, High)

Content: Games, Letters, Stories, Posters, Resources for All Audiences Listed on the

Second Website; Videos

Subjects: Bullying Prevention, Character Education, LGBTQ, Special Needs, Violence

Prevention



PREVNet: Promoting Relationships and Preventing Violence

prevnet.ca

PREVNet is a coalition of Canadians concerned about bullying. The primary goal of PREVNet is to "translate and exchange knowledge about bullying to enhance awareness, to provide assessment and intervention tools, and to promote policy related to the problems of bullying." Lesson plans include materials, facts, resources and discussion questions; videos by level and audience.

Audience: Educators, Bus Drivers, Parents, Students (Elementary, Middle, High)

Content: Blogs, Lesson Plans, Tip Sheets, Videos,

Subjects: Bullying Prevention, Cyberbullying, Character Education, Social Emotional

Learning, Violence Prevention



Speak Up, Stop Bullying – Cartoon Network

cartoonnetwork.com/promos/stopbullying/index.html

This website incorporates activities including teacher guides, tip sheets, and posters for educators. Additional resources include an educator's checklist, a timeline for short-term and long-term strategies, book lists, reading guides, video shorts, and comic strips.

Audience: Educators, Parents, Students (Elementary, Middle, High)

Content: Comics, Videos, Worksheets

Subjects: Bullying Prevention, Cyberbullying, Character Education, Social Emotional

Learning, Violence Prevention





Stomp Out Bullying

stompoutbullying.org

This website includes tools to address bullying, cyberbullying and sexual harassment. Resources include access to celebrity PSAs and videos, pages for parents, educators and teens, fact sheets about bullying, help lines and more.

Audience: Educators, Parents, Students (Elementary, Middle, High)

Content: Videos, Fact Sheets, Help Chat Line, Leadership Opportunities, Toolkits

Subjects: Bullying Prevention, Cyberbullying, Character Education, Social Emotional

Learning, Violence Prevention



stopbullying.gov

stopbullving.gov

This site is sponsored by the U.S. Department of Health and Human Services. It provides information from various government agencies to prevent or stop bullying. Information on state laws and policies, videos, and practical strategies for schools and communities are posted to keep environments safe. Suggestions are made on how parents can discuss bullying and cyberbullying. Educators can also access tip sheets, mini units for addressing and responding to bullying, activities, guides, and posters.

Audience: Educators, Parents, Students (Elementary, Middle, High)

Content: Website, Webisodes, Factsheets, Videos, Blogs

Subjects: Bullying Prevention, Cyberbullying, Character Education, Social Emotional

Learning, Violence Prevention



WebWiseKids

webwisekids.org/about.html

Web Wise Kids (WWK) is a national non-profit organization dedicated "to promoting a culture of safety, respect, and responsibility for youth and families in this digital world." Games for all ages and free apps are a central focus of this website. Resources with supporting documentation and information about cyberbullying are available for all audiences.

Audience: Educators, Parents, Students (Elementary, Middle, High)

Content: Apps, Games, Teacher Resources for K-3 and 4-6

Subjects: Internet Safety



The Whole Child

wholechildeducation.org/what-works/featured-topics/bullying

Supported by ASCD, this site provides information "to identify and address challenges in educating the whole child such as bullying and implement evidence-based practices such as arts integration."

Audience: Educators

Content: Blogs, Podcasts, Webinars

Subjects: Bullying Prevention, Character Education, Social Emotional Learning,

Violence Prevention



The WITS Program

witsprogram.ca

The WITS program includes resources for parents, educators, and children to help deal with bullying and peer victimization. The Primary Program is directed for students in K-3 and the Leads Program is directed for students in grades 4-6. Resource guides, lesson plans associated with book titles are also included.

Audience: Educators, Parents, Students (Elementary, Middle, High)

Content: Lesson Plans, On-line training, Pamphlets, Posters, Videos

Subjects: Bullying Prevention, Character Education

Videos, CDs, & Applications



Ant Bully

amazon.com/Ant-Bully

When you're as small as an ant, the world is big - and the adventure is bigger! That's what young Lucas learns after he aims his water pistol at some hapless ants. They retaliate with a secret potion that shrinks him down to their size.

Audience: Families, Students (Elementary)

Type: Video (2006), 90 min., Animated, Adventure

Subjects: Bullying, Courage, Friendship, Revenge, Self-Perception



An American Girl: Chrissa Stands Strong

amazon.com/American-Girl

A fourth grader and her friends deal with bullying from a more popular girl in their class. "Parents need to know that this movie packs a wallop of a message about bullying, but manages to entertain in the process. Watching as a family would be an excellent way to approach the topic of bullying as it may affect the children in the household. A new kid in town is picked on mercilessly by her 4th grade classmates. A recently deceased grandpa is discussed with tears and smiles. One character is mildly injured in a diving accident. Children of diverse sizes and ethnicities are depicted."

Audience: Educators, Parents, Students (Elementary)

Type: Video (2009), 98 min., Drama, Prime Video

Subjects: Bullying Prevention, Character Education, Self-Perceptions, Violence

Prevention



Bridge to Terabithia

amazon.com/Bridge-Terabithia

Based on the Book by Katherine Paterson, Jesse Aarons is in the 5th grade and has trained all summer to become the fastest runner in school. He becomes upset when new classmate Leslie Burke outruns him and everyone else. Despite this and some other striking differences, the two become fast friends. Together, they create Terabithia where they rule as king and queen, in a land filled with monsters, trolls, ogres, and giants. This friendship helps Jesse cope with a tragedy that makes him realize what Leslie taught him.

Audience: Students (Upper Elementary, Middle, High)

Type: Video (2007), 96 min., Adventure, Drama, Family

Subjects: Bullying Prevention, Character Education, Student Perceptions, Violence

Prevention





Buddy Learns About Bullying

marcoproducts.com/buddy-learns-about-bullying

An animated story in which children will identify with Buddy as he deals with a bully at school. Follow the story with the exercise Bully Beware in which a series of realistic decision-making situations are presented and the viewers are invited to choose the correct course of action.

Audience: Students (Elementary: K-2)

Type: Video (2002) 13 min./CD Kit Education

Subjects: Bullying, Character Education, Interpersonal Relations, Teasing



Buddy Learns About Teasing

bouldenpublishing.com

Children will identify with Buddy as he learns the consequences of teasing and being teased, and learns steps he can take to avoid being teased himself. The story is followed with a lively animated dragon exercise, "Flying high" and review questions to reinforce the lessons presented.

Audience: Students: (Elementary: Primary K-2)

Type: Video (2002) 12 min. CD Kit Education

Subjects: Bullying, Character Education, Teasing



Bullies Are a Pain in the Brain

amazon.com/Bullies

Offers kids practical, easy-to-implement solutions for dealing with their own bully problems such as work on building your confidence, staying calm, giving bullies lots of space, telling an adult, and more.

Audience: Students (Elementary: Grades 3-6)

Type: Video (2008) 30 min. Education

Subjects: Bullying, Conflict Management





Bullying: A Culture of Silence/A Documentary by Sunnie McFadden-Curtis

benchboyproductions.com

Focuses on the victims and the profound and lasting consequences that bullying can have on families, friends, and bystanders. Investigates the rationale behind the silence that surrounds it with heartfelt accounts from victims and families along with gripping interviews with leading experts in the field. Viewer discretion is advised.

Audience: Educators, Parents

Type: Video (2009) 52 min. Documentary

Subjects: Bullying, Bullying Prevention



Bully Smart Kids

edact.com/bully-smart-kids

Bullying is not okay-No Way!! As children sing along to these engaging songs, they learn safety strategies that help them become Bully Smart Kids! Techniques include: telling adults, walking away, cooling off, using nice words and saying "sorry". The lyrics help children who are targets or bystanders learn how to stand up to bullies. Bullies learn how to handle their angry feelings in more positive ways so they do not have to be bullies any longer! This collection of 12 rap, rock and pop songs can stand-alone or complement any bully prevention program. Songs include: Bully; Hands; Cool Off; Nice Words; Tell the Teacher; Peace Rap; Monster; Say Sorry; Zip the Lip; Heart; Ignore; and Solve It.

Audience: Students (Elementary)

Type: Music CD Education

Subjects: Bullying, Bully Prevention, Bystander



Chicken Little

https://www.amazon.com/Chicken-Little

We've all heard the fable about the chicken who ran around yelling "the sky is falling!" Well, what if he was right? Chicken Little tells the story of a misunderstood (and often teased) little chicken who saw something that no one else saw. Now if he could just get them to believe him! This movie teaches kids that they shouldn't be afraid to speak up, even if they think no one is listening.

Audience: Students (Elementary)

Type: DVD

Subjects: Bullying, Teasing, Confidence, Speaking Up





Diary of a Wimpy Kid

amazon.com

A live-action adaptation of Jeff Kinney's best-selling illustrated novel, Diary of a Wimpy Kid chronicles the adventures of skinny "middle child" Greg Heffley over the course of a school year, as told through his diary and hand-drawn cartoons.

Audience: Students (Upper Elementary and Middle: Grades 5-8)

Type: Video (2010) 93 min. Family

Subjects: Adolescent Behavior, Bullying, Friendship



Groark Learns About Bullying

livewiremedia.com/GroarkLearnsaboutBullying

Sensitizes kids to common kinds of bullying behaviors and encourages them to regard any form of bullying as unacceptable. Groark, a puppet, does not quite understand how he got caught up in picking on his best friend, but after talking with a group of real elementary school students, he comes to an understanding of what bullying is and why it is so hurtful. Contains DVD-ROM features with printable discussion guide and song lyrics, Guide contains series introduction, story, discussion questions, suggested activities, writing assignments, home assignments, and information about Groak and Randel McGee.

Audience: Educators, Students (Elementary)

Type: Video (1996) 27 min. Education

Subjects: Bullying, Conduct of Life, Teasing



Harassment Hurts: Gossiping, Taunting and Bullying

amazon.com/Harassment-Hurts

This program gives youngsters the opportunity to consider and discuss strategies for coping with the effects of gossiping, taunting and bullying. What constitutes harassment? How does it make kids feel? What can they do to handle it? What should they do if they witness it? These are the questions that will be answered in this honest and highly effective program. With the encouragement of a school counselor, young teens share their own experiences coping with bullying, taunting and teasing. They view and react to dramatic vignettes that show realistic situations of harassment.

Audience: Students (Elementary: Grades 3-6)

Type: Video (2003) 23 min. Education

Subjects: Bullying, Gossip, Harassment, Teasing



How to Eat Fried Worms

amazon.com/How-Fried-Worms

During the first day of his new school year, a fifth grade boy squares off against a bully and winds up accepting a dare that could change the balance of power within the class.

Audience: Students (Elementary)

Type: Video (2006) 98 min. Family

Subjects: Bully Prevention, Character education, Information pertaining to students'

perceptions, Violence Prevention



How I Learned Not to be Bullied

amazon.com

Presenting two children's first-person accounts of their success in learning how to deal with a bully, this program helps students understand how their behavior and attitudes affect how others treat them. Explains why bullies act the way they do and provides strategies for dealing with a bully.

Audience: Students (Elementary and Middle: Grades 3-6)

Type: Video (2008) 14 min. Education

Subjects: Aggressiveness, Bullying



Jimmy Neutron-Boy Genius

amazon.com/Jimmy-Neutron-Genius

All the parents in Jimmy's hometown are abducted by aliens. Jimmy must team up with all of the other kids in town to save everyone's parents from the alien bullies.

Audience: Students (Elementary & Middle), Parents

Type: Video (2001) Animation, Family

Subjects: Friendship, Bullying



The Karate Kid

amazon.com/Karate-Kid

12-year-old Dre must move to China when his mother gets a new job. He is stuck in a new place with no friends, and turns to a maintenance man for guidance. His maintenance man turns out to be a secret master of kung fu who teaches Dre the ropes to kung fu. Dre learns that it's not all about punches and it is going to take maturity to fight the bullies that have been bothering him.

Audience: Students (Elementary & Middle), Parents

Type: Video (2010) 2h 20min, Family

Subjects: Friendship, Bullying, Courage



KnowBullying By SAMHSA

store.samhsa.gov/product/knowbullying

This app features knowledge on how to start meaningful conversations with children, the ability to set reminders for when you should talk to your children about bullying and the ability to share bullying prevention strategies on social media platforms. It also helps parents and educators recognize the sizes of a child being bullied and how to prevent it.

Audience Educators, Parents, Caregivers

Type: Mobile Application (iPhone, iPod Touch, iPad, Android)

Subjects: Bullying, Teasing, Self-Awareness



Let's Get Real

groundspark.org

This program includes a video and curriculum guide to allow children to speak about their own experiences with bullying; seeks to promote understanding and prevent prejudice by exploring awareness of a person's role in society. This program includes a video and curriculum guide

Audience: Educators (Upper Elementary, Middle, High: Grades 5-9), Parents

Type: Video (2004) Documentary

Subjects: Bullying



ReThink-Stop Cyberbullying

commonsensemedia.org

Prevention focused app that sets out to stop cyberbullying before it starts. Download it onto your phone and use it as a keyboard option. This enables a "pop up" when the user types anything that is profanity, abusive, hateful or hurtful. Users are then able to tap "clear" to delete the hateful words or "OK" to keep them.

Audience Educators, Students (Elementary, Middle and High), Parents

Type: Mobile Application (iPhone, iPod Touch, iPad, Android)

Subjects: Bullying, Teasing, Self-Awareness



Sesame Street Bully Prevention

sesamestreet.org

The Good Birds Club can be watched with children in preschool and early elementary grades and includes questions to start a discussion. The "Happy to Be Me" series provides additional information for parents, teachers, and caregivers from a panel of experts about exactly what bullying is, how to identify the signs of bullying, and what the role of adults is to prevent or stop bullying.

Audience Educators, Students (Elementary: PK-3), Parents

Type: Online Video

Subjects: Bullying, Teasing



Stargirl

disneyplusoriginals.disney.com/movie/stargirl

Common Sense Media: commonsensemedia.org/movie-reviews/stargirl

Based on the book of the same name Disney's Stargirl tells the story of a new girl in a new school. At first things go well as her quirkiness captures the attention and praise of her peers. Things are not always easy though and Stargirl finds herself having to choose between being accepted and being herself.

Audience: Students (Upper Elementary, Middle and High)

Type: Disney original movie

Subjects: Popularity, Individuality, Bullying, Peer Relationships



That's What I Am

amazon.com/Thats-What-Am

Andy Nichol, 12, like most kids his age, will do anything to avoid conflict in fear of suffering overwhelming ridicule and punishment from his peers. Unfortunately for Andy, that's all about to change. Andy is put to the test when his English teacher, Mr. Simon (Ed Harris), pairs him up with the school's biggest outcast, Stanley. However, what Andy will soon learn is that there truly was a method behind Mr. Simon's madness as to why he teamed these two up... Not only does Andy discover that being different is acceptable in the end, but most importantly, he starts to understand the value of tolerance and culpability.

Audience: Students (Late Elementary, Middle)

Type: Video (2011) 101 min. Drama

Subjects: Acceptance, Bullying, Tolerance



Toy Story 3

amazon.com/Toy-Story-3

Andy is headed off to college and Woody, Buzz, and Jessie are wondering what will become of them when he leaves. After an unfortunate mix-up they end up at a Daycare where they come across some other toys that aren't very nice.

Audience: Students (Elementary & Middle)

Type: Video (2011) 1h 45min. Animation, Family.

Subjects: Bullying, Friendship



VeggieTales: Robin Good and His Not So Merry Men

amazon.com/VeggieTales

Robin Good is a successful fundraiser, but when a nasty Prince starts stealing the towns hams, Robin's band of friedns conclude that robbery is quicker. Robin must get over his hurt and save the day.

Audience: Students (Elementary)

Type: Video (2012) 50 min Animated, Family

Subjects: Bully Prevention, Character Education, Teasing





Wonder

amazon.com/Wonder-Julia-Roberts

Up until now Augie Pullman didn't go to mainstream school. This is because he has facial differences that prevented him. His family, classmates, and the larger community struggle to discover their compassion, empathy and acceptance of Auggies differences. Auggie brings them all together and shows everyone that you don't always need to blend in. You just need to be who you are.

Audience: Students (Elementary, Middle and High)

Type: Video or Streaming (2017) 113 min, PG, Family

Subjects: Character Education, Teasing, Empathy, Perseverance

Alberti Center YouTube Playlists



Fruit of the Vine (video adaptation of children's book by Ellen Weisberg and Ken Yoffe) youtube.com/playlist?list=PLZ50kyb2ZR- MSEAttX-v6pIXuam6Cyey

Sesame Street Anti-Bullying Discussion Videos

https://youtube.com/playlist?list=PLZ50kyb2ZR-89CJKPNvkP4pkRtapn8NiJ

StopBullying.gov Webisodes

https://voutube.com/playlist?list=PLZ50kyb2ZR- LkSiS5TI2tt3 24RzLDGO

Uplifting and Inspirational

https://youtube.com/playlist?list=PLZ50kyb2ZR-8NIdr5uxCqpLVOU-e6kZvB

Videos for Young Children

youtube.com/playlist?list=PLZ50kyb2ZR- voBOtANMmg92cKWbd9BXa

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